

Krishna's First Taste of Solid Food (Annaprashan Leela)

From the Shri Krishna Anna Prashan collection



Before We Begin



Shri Vallabh

This story is inspired by the kirtans in Shri Krishna Anna Prashan from pushtikirtan.com. These kirtans express the divine experiences of Pushtimargiya poets. The pictures are based on their descriptions. This little book is for younger children who cannot yet read or understand the kirtans, so they may experience a little of their beauty and divinity.

This is story is an adaptation inspired by the kirtans. We do not claim that it is an authentic account. Please forgive any mistakes.



A special morning had been chosen for little Krishna. Today was his annaprashan, the celebration of his first taste of solid food. Mother Yashoda prepared to honor the family deity. With loving hearts, the family welcomed this happy day and the blessings that came with it.



Yashoda invited the women of Vraj to help prepare the feast. Some made dishes cooked in ghee, while others readied the food for everyone. There were many kinds of sweets in many colors. Golden platters set with jewels and vessels of different shapes held the beautiful feast.



There were more guests to welcome. Yashoda asked Nanda to invite the people of their community. He went himself to the homes of the cowherds and brought them back with him. At home, Nanda greeted everyone with respect and gave them places to sit for the celebration.



Inside, Yashoda made her little boy ready. She gently bathed Krishna after rubbing him with a cleansing paste. Then she dressed him in fine clothes and ornaments. A tiny tunic, a necklace of pearls, little bracelets, and ornaments on both feet adorned her dearly loved child.



Yashoda looked at Krishna's face again and again. She made loving gestures to keep harm away from him. Her little boy was dressed for his special day, and she could hardly stop looking at him. The joy of the celebration was there in the sight of his dear face.



The elders guided the preparations for Krishna's first meal. Kheer, a sweet rice pudding, was made ready, and a fresh green leaf was brought as they directed. Yashoda longed for her child's feeding place to be ready. All this care was for her own beloved little Krishna.



When the moment came, Nanda seated Krishna in his lap. Yashoda called the guests to sit together in a circle. The gathering was full of joy. In the middle of that happy company sat little Krishna, held by his father, ready for his first taste of food.



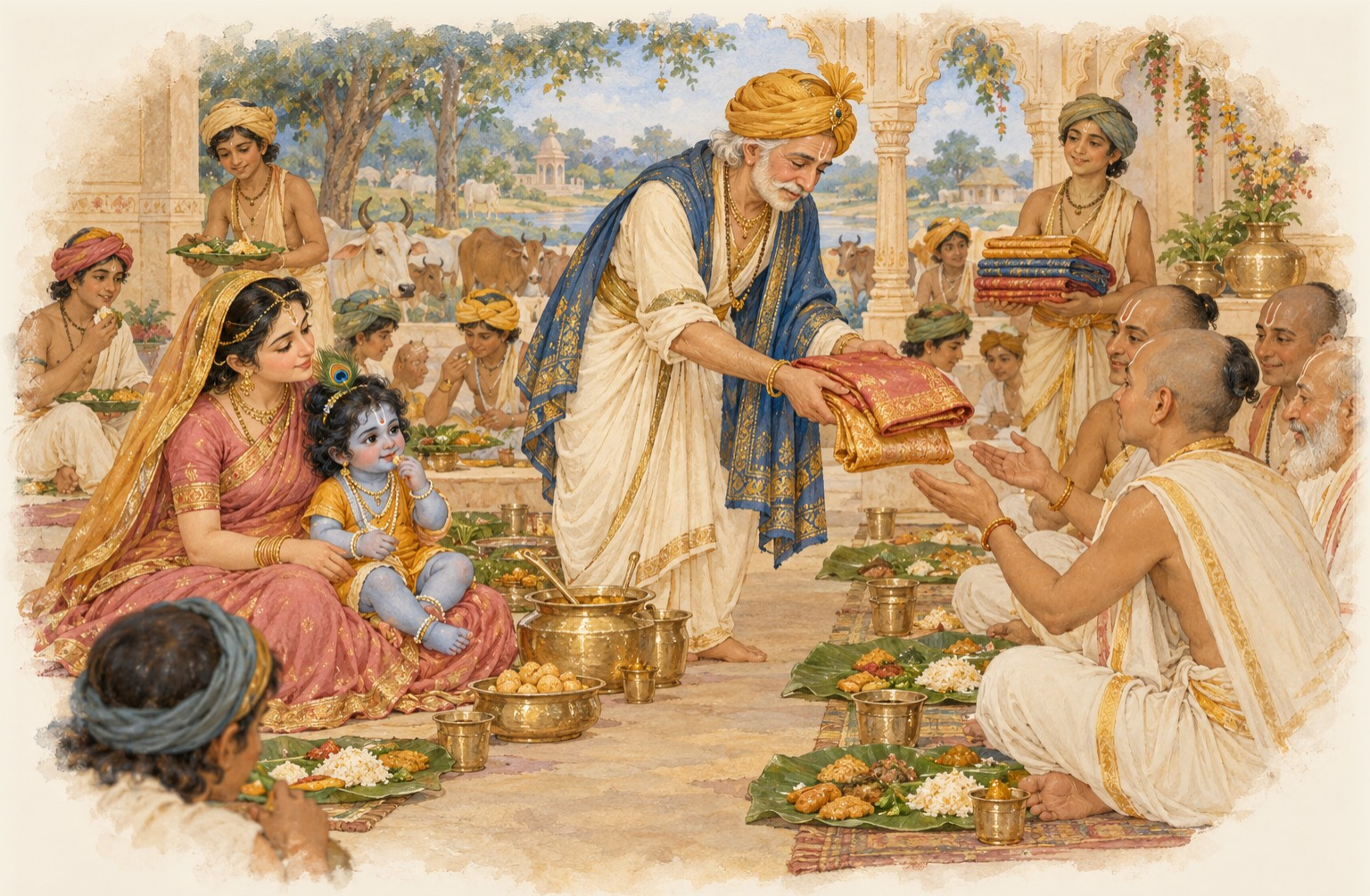
A small golden platter held the kheer. Nanda took a little at a time and gave Krishna his first taste. Around them, the women rose and sang. The meal had begun with the child in his father's lap and the women's joyful singing all around him.



There were many other foods to taste, too. Little portions from the feast were touched gently to Krishna's lips, one after another. The One who cares for the whole world was being fed with such love. Here he was, Nanda's little son, surrounded by his family and their guests.



After the tasting, Krishna was given a little water, and his lips were gently wiped. Then he was brought back to Yashoda. The delighted women took him in their arms, kissed his face, and held him close to their hearts. Everyone shared in the happiness of loving him.



Now the guests sat together to eat. The servers brought food, and each person enjoyed the dishes they liked. The Brahmins were offered food and gifts with great respect, and they gave their blessings. Nanda honored the family with fine silk clothes and gave generously to those who asked.



The people of Gokul shared a wonderful happiness that day. There was joy in the feast, joy in the gifts, and joy in the blessings for little Krishna. Yashoda kept looking at her child's face. Her heart held the loving wish that her dear boy would grow and flourish.

Kirtans Used

Shri Krishna Anna Prashan
Krishna's First-Food Celebration

Open the collection on pushtikirtan.com

Aaj Kanh Kari

Poet: Surdas · Story on PDF pages 4, 5, 6, 7, 9, 10, 11, 12, 13, 14

<https://pushtikirtan.com/kirtan/aaj-kanh-kari-463>

Annaprasan Din Nandalalakau

Poet: Paramanand · Story on PDF pages 13

<https://pushtikirtan.com/kirtan/annaprasan-din-nandalalakau-464>

Yah Mere Lalakau

Poet: Paramanand · Story on PDF pages 8

<https://pushtikirtan.com/kirtan/yah-mere-lalakau-465>

Sudin Savarau Shodhiken

Poet: Paramanand · Story on PDF pages 3, 7, 13, 14

<https://pushtikirtan.com/kirtan/sudin-savarau-shodhiken-466>

Titles are given in the source site's Latin-script form. Page numbers refer to this PDF, including the cover and preface.